



**The five things  
you MUST know before  
undergoing a penis  
enlargement procedure**



# The five things you MUST know before undergoing a penis enlargement procedure

In this eBook we'll share vital pieces of information many other penis enlargement clinics won't.

You should research and learn as much as you can about any elective medical procedure before making a decision to proceed with it. This becomes even is especially important for this treatment, as you're literally putting your manhood in another person's hands.

This eBook will give you an overview of:

- How the Contour Clinics penis enlargement works
- What type of results you can expect
- How long the results can last for
- How you can maximise the benefits of your treatment
- What you should be aware of when making a decision whether to undergo this treatment

*Note: this ebook contains before and after pictures of male genitalia to demonstrate the effect of this treatment. It is not suitable for minors.*



# 1. How it actually works

If you're considering getting a penis enlargement, the first thing you probably want to know is how this particular method works.

The procedure is relatively straight forward:

## 1 Pre- consult

Before coming to the clinic, you'll need to shower and trim your pubic hair.

## 2 Numbing the area

When the procedure starts, our Medical Director Dr Josh Wall will apply a prescription-strength topical anaesthetic cream to the treatment area for thirty minutes which will numb the skin.

After that, he'll make a small injection into the skin at the base of your penis to completely numb the area. Occasionally, top-up anaesthetic is administered around the base of the penis to ensure complete anaesthesia. By this stage, you won't be able to feel a thing.

## 3 Injecting the filler

The shaft of your penis is made up of a few main parts.

The parts of your penis that fill up with blood when you get an erection are the paired Corpus Cavernosa. These two erectile organs sit on top of the urethra, which itself is surrounded by expansile erectile tissue. All three vital pieces of equipment are wrapped up by a piece of connective tissue known as the deep fascia (otherwise known as Buck's fascia). Closer to the skin's surface you have a second fascia known as the superficial fascia.



Think of these fasciae as layers of cling wrap. One wraps up the erectile tissue (the corpora and urethra) and the other sticks to the skin and in between them lies a layer of loose areolar tissue or fat.

It's in this layer of fat that our Medical Director Dr Josh Wall will carefully inject either hyaluronic acid or a collagen-stimulating filler using a specialised needle known as a cannula.

His technique may vary depending on your needs but it most frequently works by inserting the cannula at the base of your shaft, pushing it through to the end of your penis and backfilling. Doing this allows for a smooth and even distribution of the filler.

The procedure will take about twenty minutes and once he's done, you'll immediately have a thicker and longer penis.

Redness and swelling are common after the procedure and this is treated with a cool compress and ice packs. Any bruising that occurs is usually mild.

If at any stage you're unhappy with how the procedure has worked the filler can be easily reversed, dissolved and absorbed back into your body. All top-ups are complimentary. At Contour Clinics we give you a result, not a treatment.





## 2. The results to expect

The results you can expect will depend on the amount of filler Dr Wall uses. Your first session usually entails 10-15ml of filler. This will increase the girth of your penis by around 1-2 inches.

Most patients will not require more than this. But if you have 'chodier' aspirations, Dr Wall may recommend more than one treatment session to achieve the results you want safely.

Because of the additional weight of the filler, you may notice your penis will hang lower and be impressively longer.

If you've historically been a grower, rather than a shower you'll now be a permanent shower as your filler will ensure your penis maintains its most impressive size.

### 10 ml





15 ml



20 ml





### 3. How long it lasts

Most patients get results that last around two years from a single session, but some have results that last up to five years. In many instances, customers opt to come back every six to twelve months for top-ups which maintain the results even longer.

Best of all there are no side effects noted or documented with doing this long term. You can get the procedure multiple times as dermal fillers have excellent biocompatibility and are extremely safe.

Any potential risks and complications associated with this treatment are rare and explained in full during your complimentary consultation. Dr Wall is on hand to provide medical intervention in the unlikely event of a complication.





## 4. How you can make the most of your treatment

If you're considering using dermal filler to increase the size of your penis there are a number of other things you can do to maximise your results in and out of the bedroom:

### **Your penis will look longer and bigger if you lose pubic fat**

Just like trimming your public hair to make your penis larger, losing body fat will help more of your penis protrude from your body. Because a huge portion of your penis is inside your body, trimming down will definitely give you a little more size.

If you're unable to diet and exercise stubborn fat away Contour Clinics have a variety of non-invasive treatments to spot reduce fat. These include Coolsculpting to freeze away stubborn fat cells, or the gold standard bodytite from inmode which uses radiofrequency lipolysis to melt away pubic region fat cells.

Ask Dr Wall during your consultation for more information about these treatments.

### **Penis rejuvenation treatments**

Having a larger penis can give you the confidence you've been missing in the bedroom, or even the locker room.

If you're still struggling to perform you could consider a procedure commonly known as a P-Booster. This treatment uses your own platelets to stimulate healing, collagen formation, stem cell differentiation and rejuvenation of your penis.



The entire process takes around thirty minutes and involves drawing your blood (from your arm, not your penis), spinning it in a centrifuge and then injecting the platelet layer of blood into the erectile tissue of your penis.

The results can include improved circulation, stronger erection, enhanced sensitivity and impressive improvements in sexual performance. Stack that with the enlargement treatment and your partner won't know what hit them.

Ask Dr Wall during your consultation for more information about this treatment.





## 5. What you should be aware of when making a decision about undertaking this procedure

Lastly, there are a few things to be aware of when considering the treatment.

### What type of filler should be used?

There are two filler options we offer when it comes to improving penile size and girth:

Hyaluronic acid filler (or HA). HA is a naturally occurring sugar found in the body and holds a thousand times its weight in water to help maintain moisture in our skin and joints. Hyaluronic acid is TGA approved in Australia and is used in millions of safe procedures each year. A single treatment lasts anywhere from 2-5 years depending on your metabolism.

Collagen stimulating filler: ELLANSÉ®. ELLANSÉ® works like a normal HA injection. The difference is ELLANSÉ® actually uses the body's natural response to foreign bodies to stimulate the formation of collagen around the microspheres, making the filler last longer. This can last from 5-10 years and provide impressive increases in girth and length.





## **Use a trusted specialist**

As we noted above your penis has a very complex anatomy. You shouldn't be letting anyone other than an experienced doctor perform this injective technique to achieve results safely. The serious side effects documented from this procedure while rare are usually related to poor injection technique or using inappropriate fillers.

## **It's not for everyone**

While any adult male wanting to increase the size of their penis can consider this procedure, to be a suitable candidate for any elective cosmetic procedure you'll need to be physically healthy, as well as mentally sound.

This treatment isn't for you if you:

- Are physically unwell
- Have preexisting medical conditions.
- Are experiencing emotional stress and trauma.
- Have a medically diagnosed micropenis.



# I'm Interested

The first step to a bigger, more confident you is a confidential consultation with our Medical Director Dr Josh Wall. During the consultation, you can discuss your size goals, expectations and get answers to any questions or raise any concerns you may have.

Your enlargement treatment experience including your consultation, numbing and filler placement takes approximately 60 minutes and can be completed in one visit. For those with larger size goals, 2-3 treatments spaced 2 weeks apart may be necessary.

## Book now

**You can book online:**

*[contourclinics.com.au/book-an-appointment](https://contourclinics.com.au/book-an-appointment)*

**You can also call our discrete and friendly team:**



**CONTACT US**