

**The Five things you  
absolutely MUST  
know before getting  
Jawline filler**





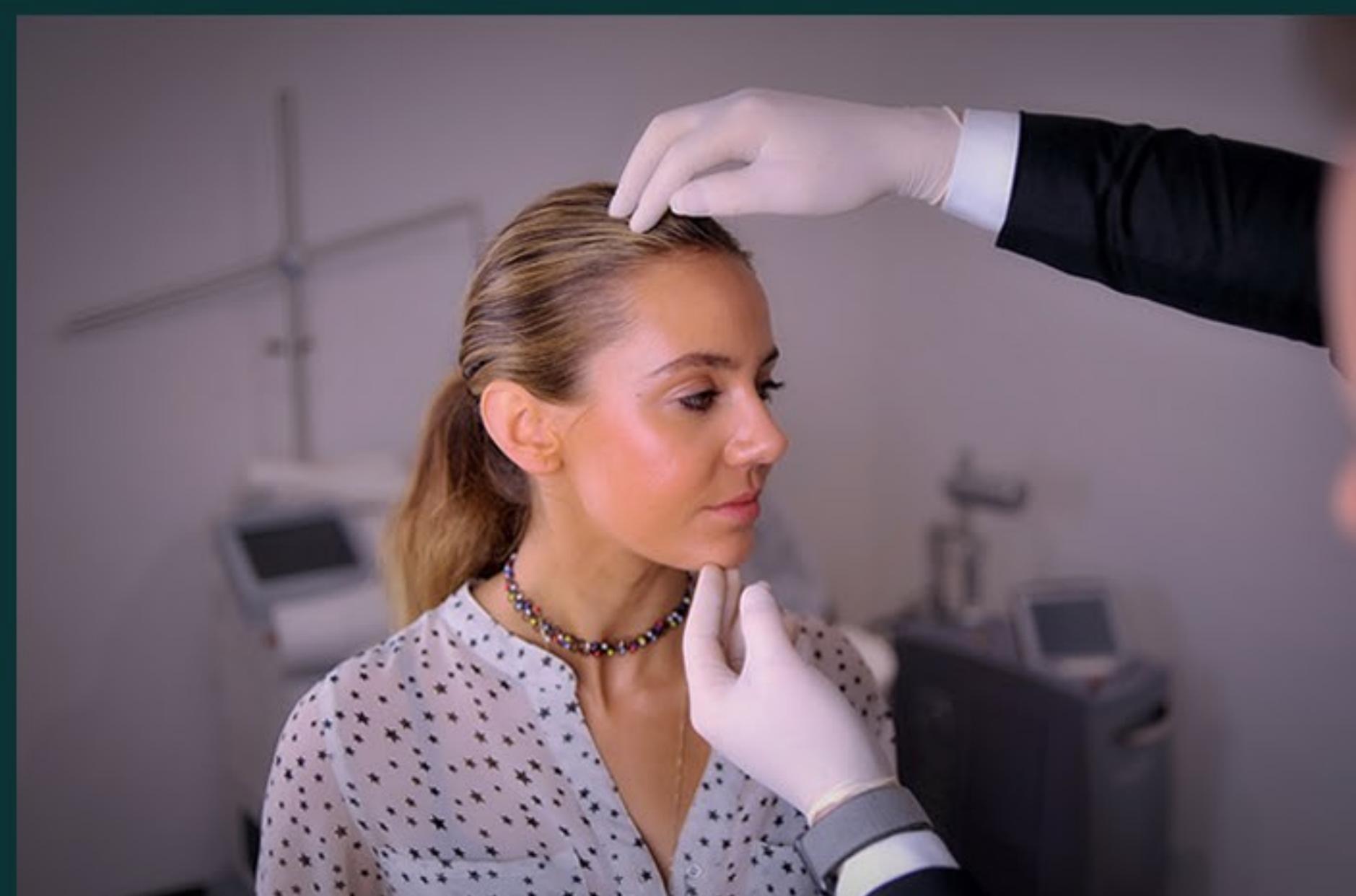
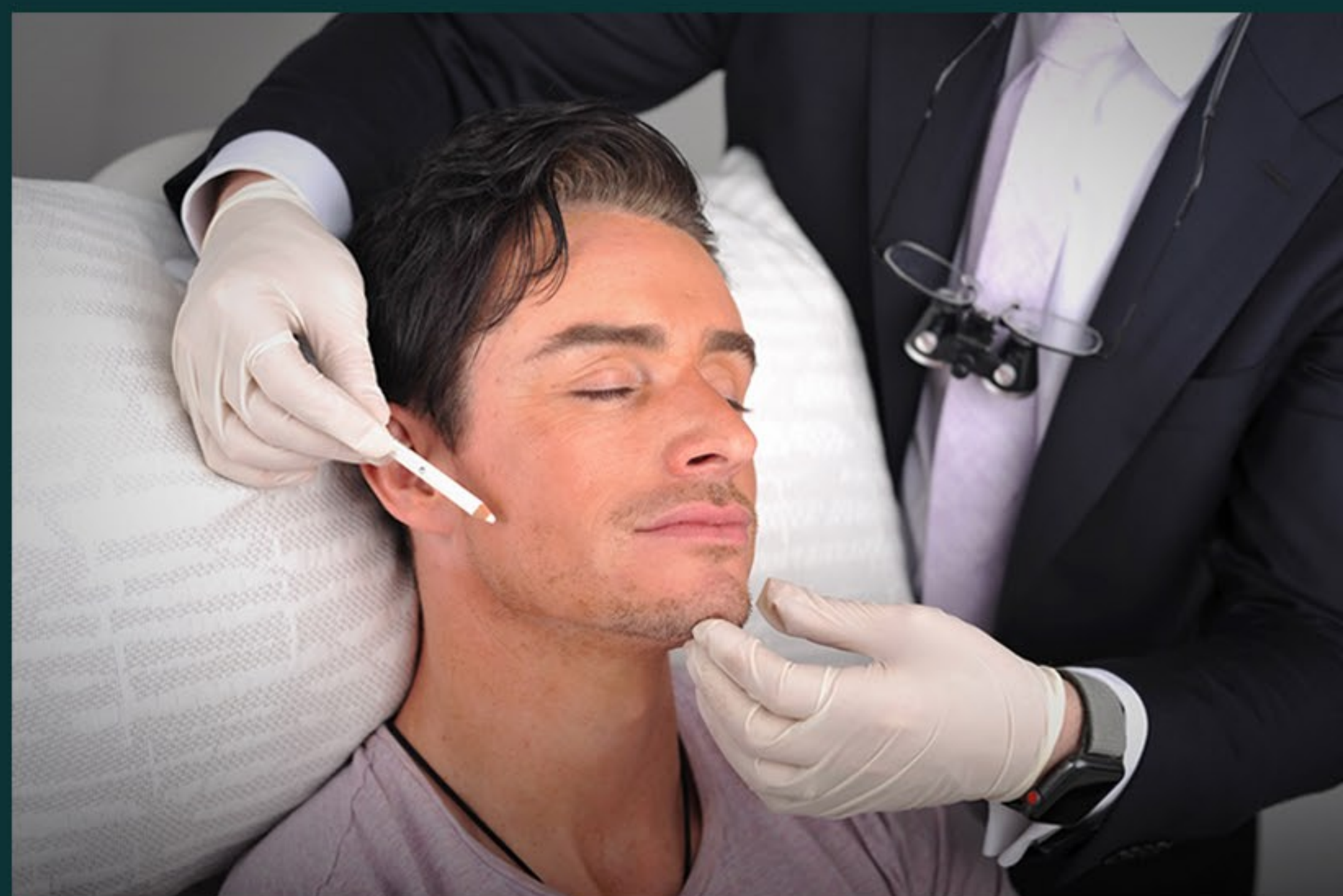
# The Five things you absolutely MUST know before getting Jawline filler

Sharp, defined jawlines are a hallmark of youth and attractiveness in all genders and racial backgrounds.

This E-book outlines the full story when it comes to sculpting your jawline PROPERLY. This information is rarely discussed in cosmetic clinic consultations.

Arm yourself with information prior to consulting any cosmetic professional.

Learn the science and art behind jawline fillers. Discover the questions you MUST ask your cosmetic professional prior to letting anyone inject your face with Jawline fillers.





# 1) Understanding the Jawline

The Jawline has four distinct areas which need to be considered when designing a jawline treatment plan.

## Area 1 – The chin

Take side profile selfies with confidence. Augmentation of the chin with dermal filler can often provide the most impressive change to your side profile aesthetic.

Chin augmentation can be broken into three categories:

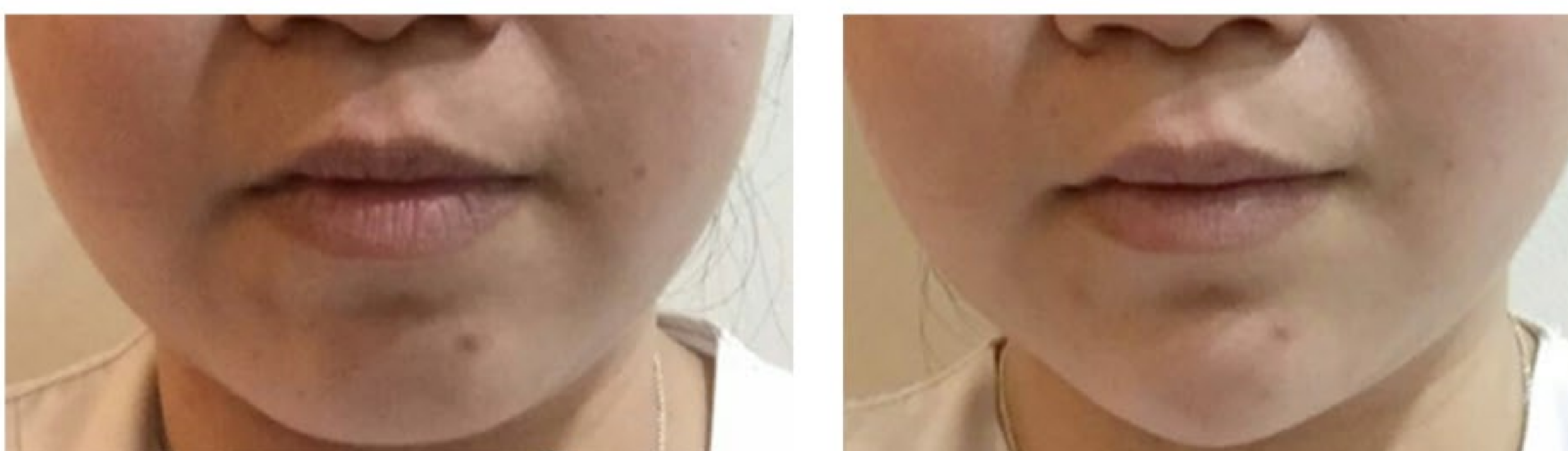
### 1) Weak/retracted chins

Bone-mimicking filler is expertly placed just above the bone to bring the chin forward so that it is more in-line with the nose.



### 2) Those wanting to create a pointier heart shaped face

Create a heart shaped lower face by placing dermal filler in the chin midline. This sculpts a pointier, more feminine shape to the jawline





### **3) Men wanting to look more masculine**

Masculinise the lower face by creating a squarer, sharper chin. This is one of the most masculinising treatments available for men wanting to improve their facial aesthetic. This can be subtle, or more obvious as seen in the image below.



## **Area 2**

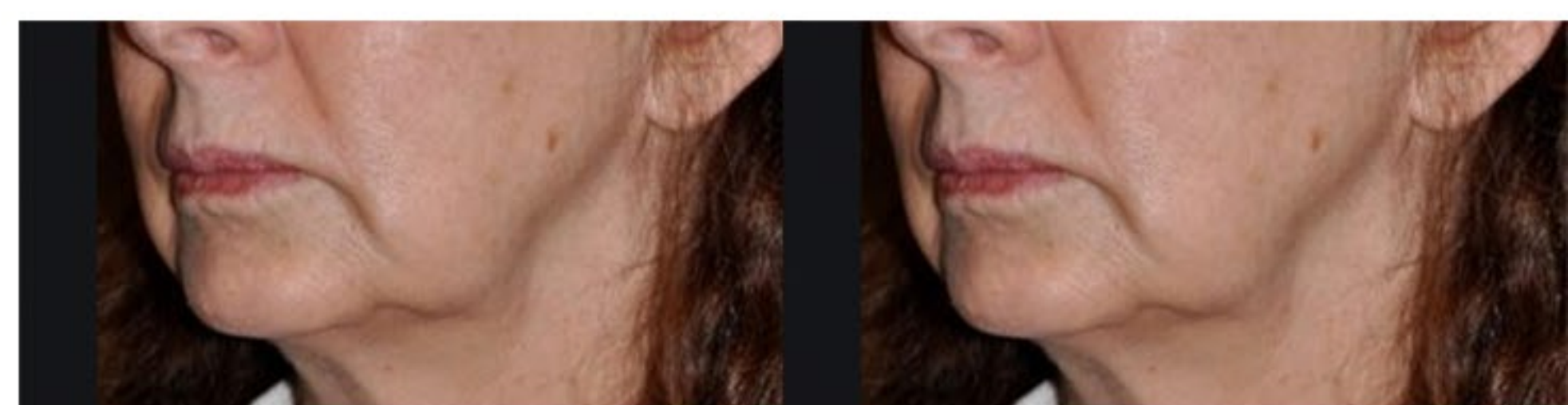
### **Pre-jowl sulcus**

Camouflage prominent jowls and sharpen a sagging jawline. The pre-jowl sulcus is the depression just in front of the jowl. This area is often the target of dermal filler to camouflage the jowl to create a crisp, youthful jawline. This area can act as a landmark for thread-lifting when attempting to improve mild to moderate jowling.

## **Area 3**

### **Jowls**

Rid the jawline of mild to moderate jowling with dermal filler or threadlifting. Dreaded jowls are a normal part of ageing. Often they can be camouflaged by dermal fillers, or repositioned to create a sharp jawline with thread-lifting. It is imperative to treat this area before it's too late. Those with severe jowls have no option but to undergo face-lifting surgery as their only option to solve this issue.





## Area 4

### Angle of the jawline

Sharp jawline angles are a hallmark of youthful attractiveness in all genders. There are two considerations in this part of the jawline:

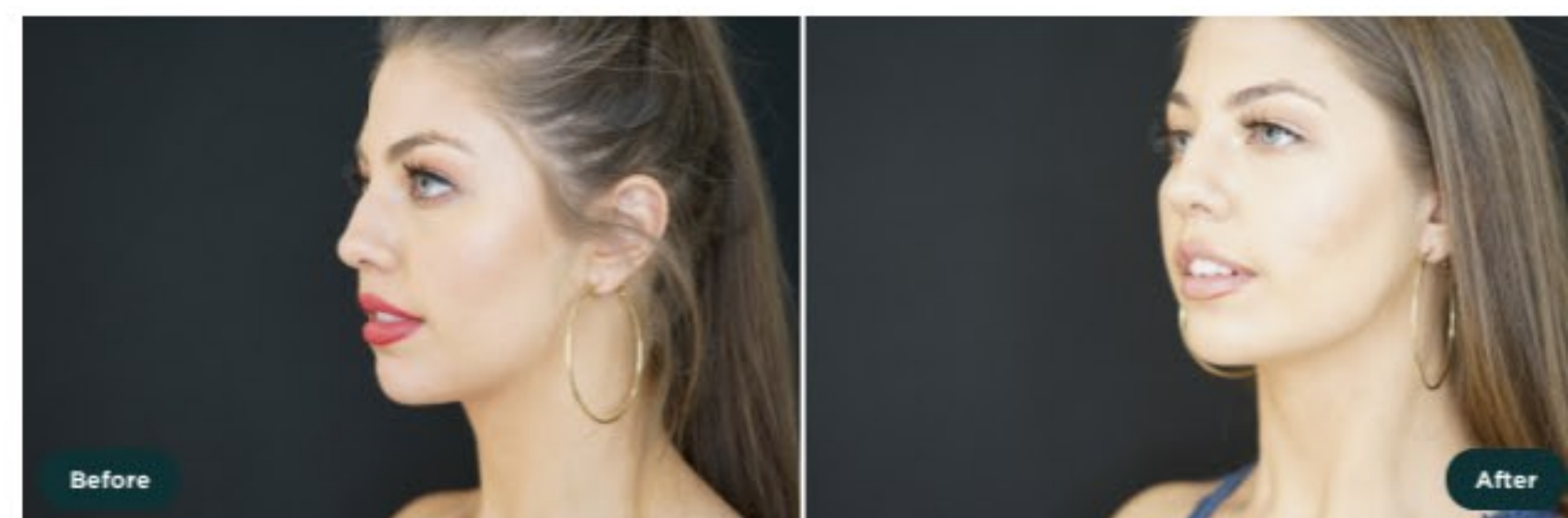
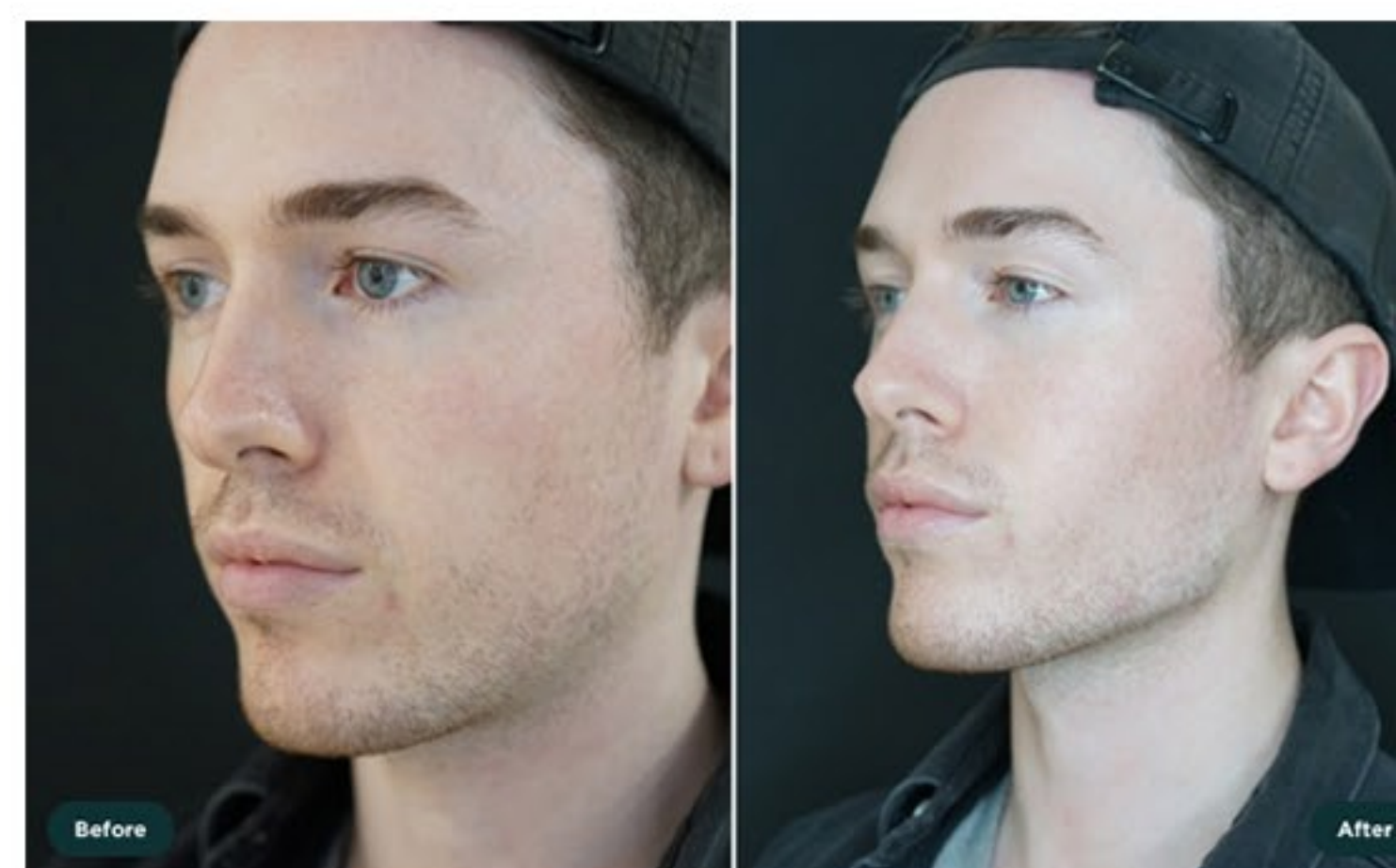
#### 1) Facial fullness

Facial fullness is often caused by strong masseter muscles. Common causes of this are: teeth grinding, or a general genetic tendency. Those with fullness can benefit from masseter slimming injections to slim a bulky lower face. Slimming the lower face has a tendency to feminise the jawline. It is for this reason we find this treatment much more common in women. This is an especially common treatment in our Asian patients, who commonly have squarer lower faces.

#### 2) Mandibular angle

Sharpening the angle of the jaw with dermal fillers is one of the most popular requests we receive here at contour clinics. This defines the face from the neck, and creates a stronger, youthful, more aesthetic jawline.

We can create anywhere from a subtle, to a crisp defined angle.





## 2) How to masculinise the male jawline

Chiselled, sharp jawlines are a hallmark of male strength and attractiveness. This is as much an art as a science, so it is important to choose your injector carefully.

**Studies on male jawline aesthetics suggest the most desirable male jawline has the following characteristics:**

- 130-degree angle when viewed from the side (profile)
- The distance between the jawline angles when seen from the front should be similar to facial width
- The jawline angle should be in line with the corners of the mouth, or at least not below the lower lip

Contour clinics offers the latest in 3D facial photography. This software allows us to trace the exact angles, widths and volumes required to sculpt the PERFECT jawline.

Combining jawline filler with under chin fat removal via Coolsculpting or fat dissolving injections is another way to create a sharp masculine jawline.





### 3) What type of filler should be used in filling the jawline?

Choosing the right type of dermal filler when filling the jawline is crucial.

#### **Fillers will differ in several characteristics:**

- Thickness of filler
- Longevity of filler
- Ability to reverse
- Inbuilt local anaesthetic
- Ability to attract water
- Sharp vs. subtle enhancement ability

Due to medical board/AHPRA guidelines we are unable to specify the exact brands of fillers we recommend. However, at Contour Clinics we use all brands currently approved for use in Australia. That way you get the filler best suited to you, rather than just the filler we have. For the male jawline, we prefer a long lasting, sharper enhancement, thicker, more water loving filler. The reason for this is that an attractive, masculine jawline is sharp, strong, projected and sturdy.

Whereas the female jawline we prefer a more subtle, not as thick, but long-lasting filler to carefully sculpt the face from the neck without masculinising.

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## 4) What are the risks of Jawline filler?

Complications stemming from Jawline filler are rare.

The most common side effects are redness, mild itching and swelling. These issues usually resolve in 1-4 days.

Bruising can occur but is often mild. You may wish to decrease the risk of bruising by taking advantage of our specialist post procedure LED light therapy. Contour Clinics also have specialist lasers to treat post jawline filler bruising, on the uncommon occasion it occurs.

Most patients leave the clinic with minimal evidence of bruising. Swelling is common and is usually mild and easily treated with icing.

Contrary to what you often read online. Jawline filler will stay exactly where it is placed in the Jawline. When placed correctly, Jawline filler will NOT move.

The risk of a poor aesthetic result is certainly worth discussing. Sculpting the Jawline is an art. Skill with dermal filler placement, along with a knowledge of aesthetic angles is vital in creating the desired look. Choosing your injector is the most important decision when it comes to getting Jawline filler.

### Questions to ask your injector:

- How many Jawline fillers have you performed?
- Do you have protocols for managing complications?
- Can this filler be reversed?



## 5) The Jawline filler procedure

How many ml are required?

We individualise all of our treatments to fit a patient's desired outcome. Most patients will start with 1-2ml of carefully selected dermal filler on each side, then review at their complimentary post-treatment follow-up appointment. If required, more volume can be added.



For female jawlines 2-4ml is usually adequate for a full jawline rejuvenation.

Men usually need anywhere from 3-8ml of filler depending on the results desired.

### Pain?

Jawline minimally uncomfortable. Contour Clinics only use fillers with a built-in local anaesthetic. This combined with ice packs, topical anaesthetic (numbing cream) and the option of happy gas (Entonox) make jawline sculpting fillers at Contour Clinics some of the most comfortable available.

### How long does Jawline sculpting last?

Jawline sculpting treatments last between 8 and 24 months depending on patient characteristics, filler used, and the amount injected. Our fillers are ethically sourced from reputable pharmaceutical companies.



## How are Jawline fillers injected?

Here at Contour Clinics we prefer to use cannula rather than needle for the placement of Jawline filler. Premium dermal fillers are placed along the edge and angle of the jawline to provide a sharp, crisp definition between the cheek and neck.

