



**The Five things you  
absolutely MUST  
know prior to  
getting a Fox-Eye Thread lift**



## **The FIVE things you MUST know prior to getting a Fox Eye Thread Lift**

Get that snatched look without the need for stitches/staples/surgery and hideously long downtime.

The Fox Eye look is sweeping the cosmetic industry. Ensure your Cosmetic Doctor has been specifically trained in this new technique, and that the results of the treatment will be exactly as advertised.

Too often at Contour Clinics we hear of poorly positioned threads, inadequate results and unskilled operators performing the treatments.

At Contour Clinics all of our Thread lift Doctors are clinical trainers and Key Opinion Leaders for the major International Thread lifting companies. We know Thread lifting, and as such have been chosen to teach the next generation of up and coming clinicians.

Don't leave your result to chance. Choose the experts in facial thread-lifting. Choose Contour Clinics.



## 1) What exactly is the goal of the treatment?

*What are you trying to achieve from the Fox-Eye Thread Lift?*

Would you like a straighter, more snatched brow? How about a Fox/Cat-like upper or lower eyelid? Or, are you just interested in raising brow and upper eyelid skin so you can apply eye shadow more easily?

Each of the above goals has a completely different treatment technique, and in some cases a different type of thread used entirely.

It is vitally important that you undertake a thorough consultation prior to treatment, and you and your doctor understand exactly what result you are hoping to achieve, the likely outcomes and your shared expectations about what a result could look like.



### Questions to ask your treating Doctor?

- Where will the thread be inserted?
- What degree of lift is to be expected?

## 2) What kinds of threads should be used?

The choices when it comes to Threads are endless. There are cogged, barbed, spiral, cones, unidirectional, multi-directional, cork-screw, mono, among many others.

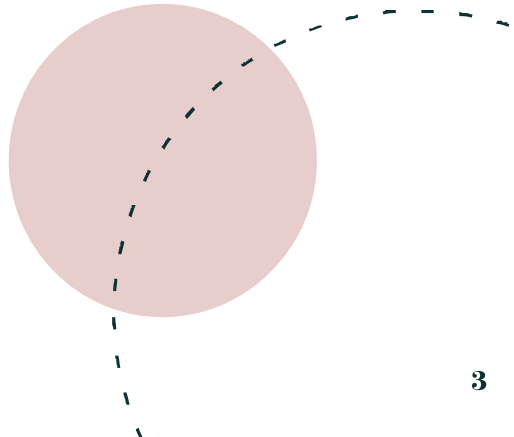
The choice of threads used depends on the longevity required, position of the brow preferred, TGA approval status, and the Doctors familiarity and expertise with the particular brand of threads.

At Contour Clinics we prefer PLLA threads for general long lasting lifting, PDO threads for the standard Fox-Eye and for those with an appetite for the longer lasting threads made of PCA. All of these threads are dissolvable.

We think it essential that reinforcing threads are used with every thread-lift. Most Fox-Eye Thread lifts simply don't last without them.

### Questions to ask your Thread lifting doctor

- How will my Thread lift be reinforced?



### 3) How long do Fox Eye Thread lifts last?

This can be variable in many patients. IF placed correctly, your Doctor uses threads purpose built for this area and aftercare advice followed to the letter, they should last anywhere from 1-2 years.

*Things that decrease the longevity of Fox-eye threads include:*

- Engaging in physical activity too early post thread lifting procedure
- Putting excessive pressure on the treated area
- Your Doctor not placing reinforcing threads to increase the longevity
- Smoking
- Excessive forehead expressive movements (This can be treated with anti-wrinkle injections)

*Things that improve the longevity of Fox Eye Thread lifts:*

- Following the prescribed aftercare
- Ensuring your forehead anti-wrinkle treatments are maintained
- Not having facial lasers/peels/facials in the first 4 weeks post treatment
- No facial massage for the first 3 months post procedure



## 4) How can I make the results last longer?

The Fox-Eye Thread-lift can be one of the shorter lasting treatments if your doctor does not:

### **1) place the threads in the correct plane/position**

- It is essential your Doctor knows exactly the plane to place the Threads.

### **2) use reinforcing threads**

- The Fox-eye Thread-lift is literally holding up the brow on a few tiny barbs. This is an expressive part of the face and threads need to be reinforced for a long-lasting result.

### **3) advise on the most appropriate aftercare.**

- This is the most CRUCIAL part of your procedure. The forehead lifting achieved from the fox-eye Thread-lift is quite delicate and has to be treated with the upmost care.

### **4) Anti-wrinkle injections**

- Treat the area above the Fox Eye Thread lift with Anti-Wrinkle injections to decrease forehead movement is recommended. This allows the threads to mould with the underlying tissue without being continuously exposed to pulling and pushing of the underlying frontalis (forehead lifting) muscle.

## **Questions you MUST ask your treating Thread-lift Doctor**

- What type of threads are you using?
- How are the threads being reinforced?
- What can I do/not do post procedure?

## 5) What are the different types of Fox-eye Thread lifts?

You can split the Fox-Eye Thread lift into three main types.

### ***Brow repositioning***

- The Bella Hadid/Jenner/Kardashian like straight snatched eyebrow is the main goal of the fox-eye treatment.
- This can be done alone, or in combination with upper eyelid repositioning, and lower eyelid canthal tilting

### ***Upper eyelid repositioning***

- This provides the cat-eye like look to the upper eyelid, it is best achieved by positioning the threads underneath the brow, rather than coming from above.

### ***Lower eyelid canthal tilt reposition***

- Placing threads further down and out of the brow lifts the lower lid and completes the cat-eye look

Whatever your desired look, we can help you get there with the expert placement of premium threads, inserted by award winning Doctors.

